

Log Recap Exercises

Example 1: 8 Days/70 Hours Instructions In the sample Log Recap Form shown below, the on-duty information is shown for the last 7 days of March and the first day of April. Fill out the Log Recap Form for the period April 2 - April 7 using the information which follows. Determine the amount of on-duty time you have for each succeeding 24 hour period. The driver is under the 70 hour rule.

Date	Hours on Duty
April 2	6
April 3	0
April 4	0
April 5	10
April 6	8.25
April 7	12

Monthly Summary Sheet

Day of Month	Hours worked today (total of lines 3&4 on graph)	70 hour/8 day drivers only		
		A	B	C
Last 7 days of preceeding month	0	Total hours on-duty last 7 days or since restart	Hours available tomorrow. 70 hours minus col. A	Total hours on duty last 8 days or total hours on-duty since restart
	9			
	8			
	10.5			
	8			
9	9			
1	8	52.5	52.5	7.5
2				
3				
4				
5				
6				
7				

Example 2: 7 Days/60 Hours Instructions

Use the 7 day/60 hour sample form below to complete this part of the exercise. The instructions are the same as for the first part of the exercise. The conditions are different since the driver is under the 70-hour rule, not the 60-hour rule.

Date	Hours on Duty
April 2	10
April 3	0
April 4	0
April 5	10
April 6	8.25
April 7	12

Monthly Summary Sheet

Day of Month	Hours worked today (total of lines 3&4)	70 hour/8 day drivers only		
		A	B	C
Last 7 days of preceeding month	8	Total hours on-duty last 7 days or since restart	Hours available tomorrow. 70 hours minus col. A	Total hours on duty last 8 days or total hours on-duty since restart
	0			
	9			
	8			
	10.5			
9	9			
1	8	60.5	52.5	17.5
2				
3				
4				
5				
6				
7				